

High-Efficiency Bioethanol Production from Maradol Papaya Waste: Batch Fermentation and Fractional Distillation

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Abstract: Postharvest losses of tropical fruits represent an underexplored feedstock for renewable fuels. This study evaluates the feasibility of converting discarded *Carica papaya* L. var. Maradol pulp into fuel-grade ethanol via batch fermentation and fractional distillation. Peeled fruit (4.0 kg) was pasteurized, adjusted to 22 °Brix with brown sugar, and inoculated at 1×10^6 cells mL⁻¹ with *Saccharomyces cerevisiae* Ethanol Red™. Triplicate fermentations were performed at 30 ± 0.2 °C for 192 h, and kinetic parameters were determined by HPLC, GC-FID, and a modified Gompertz model. Soluble sugars declined from 205 to 17 g L⁻¹ within 96 h, yielding 92.3 ± 1.8 g L⁻¹ ethanol. Volumetric productivity and ethanol yield reached 1.04 ± 0.05 g L⁻¹ h⁻¹ and 0.46 ± 0.01 g g⁻¹, respectively—90 % of the theoretical maximum. Distillation with a 64–78 °C heads cut produced a 95.4 ± 0.6 % v v⁻¹ ethanol distillate, with methanol, water, Sulphur, and acidity within ASTM D4806 limits. The process delivered 68.4 ± 1.3 g ethanol kg⁻¹ fresh fruit (≈ 1.45 MJ kg⁻¹) and vinasse with a C:N ratio of 8.1, suitable for fertigation or anaerobic digestion. *Kluyveromyces marxianus* showed thermotolerance and moderate yields, while *Pichia kudriavzevii* achieved higher concentrations. Native isolates like *Lactobacillus plantarum*, *Acetobacter tropicalis*, and wild *Saccharomyces* spp. support co-culture strategies. These results position Maradol papaya waste as a viable, low-cost substrate for decentralized bioethanol production and circular bioeconomy systems.

Keywords: circular bioeconomy; ethanol yield; fuel quality; process kinetics; tropical fruit residues

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1. Introduction

Tropical and subtropical zones dominate global fruit production because their relatively stable warm climates allow year-round cultivation of a broad spectrum of horticultural crops (Ahmad and Chwee, 2008; Kader and Yahia, 2011; Mukhametzyanov et al., 2023). Recent statistical reports attribute more than half of the world's fresh-fruit output to Latin America, Asia, and sub-Saharan Africa, regions that collectively sustain local food security while supplying high-value export markets (Ahmad and Chwee, 2008; Galán Saúco et al., 2014; Mohamed et al., 2011; Wu et al., 2024). Beyond nutrition, fruit agriculture reinforces rural economies by generating employment and providing renewable feedstocks for agro-industrial valorisation. Climate variability and price volatility further emphasize the importance of diversifying fruit-derived value chains to safeguard farmer livelihoods (Mancero-Castillo et al., 2024; Parajuli et al., 2019). As sustainability imperatives intensify, these production hubs face the dual challenge of expanding output and mitigating the environmental burdens associated with post-harvest losses and biomass disposal (Kader and Yahia, 2011; Mitra, 2018; Roussos, 2024).

Among commercially important tropical fruits, papaya (*Carica papaya* L.) is particularly significant (Burns et al., 2023; Koul et al., 2022). This fast-growing crop offers high yields, short maturation cycle: from flowering to harvest in approximately 5 to 6 months (Misnan et al., 2024; Queiroz et al., 2024; Zhou et al., 2021), and an exceptional nutritional profile rich in fermentable sugars, principally glucose, fructose, and sucrose, alongside valuable enzymes such as papain (Singh and Sudhakar Rao, 2011; Zhou et al., 2021). Global papaya production surpassed 14 million tonnes in 2023, with more than 95 % originating from tropical countries (FAOSTAT, 2023; Katyal et al., 2024; Mendoza-Grimón et al., 2024). The variety "Maradol", is widely cultivated across the tropics because of its elevated °Brix values, sweet flavour, and robustness under smallholder conditions (Vij and Prashar, 2015; Zhou et al., 2021). Continuous flowering and fruiting ensure a steady supply of raw material, enabling flexible integration into biotechnological processes whenever market surpluses or quality-rejection events arise (Amran et al., 2021; Katyal et al., 2024; Koul et al., 2022; Vij & Prashar, 2015). Additionally, the biochemical composition of papaya pulp, rich in fermentable sugars such as glucose, fructose, and sucrose, along with trace minerals and amino acids (Zhou et al., 2021), has been shown to support rapid growth of ethanologenic yeasts, reducing both fermentation time and exogenous nutrient requirements (I Nengah Muliarta et al., 2023; Kantiyok et al., 2021).

Despite these advantages, papaya suffers from extreme perishability; post-harvest losses frequently range between 20 % and 40 %, depending on infrastructure, ambient temperature, and handling practices (Karoney et al., 2024; Paull et al., 1997; Sivakumar and and Wall, 2013). Quality degradation during storage, transport, or retail leads to routine discarding of physical imperfect or over-ripe fruit, creating sizeable streams of organic waste (Karoney et al., 2024; Sivakumar and and Wall, 2013). In Colombia alone, seasonal gluts can generate more than 60000 tons of discarded papaya each year, representing an unused biochemical resource (Paternina et al., 2022). If unmanaged, this biomass decomposes anaerobically, releasing methane and nutrient-rich leachates that threaten local environmental quality (Vinod et al., 2023). Nevertheless, the very attributes that accelerate spoilage, high moisture content and readily fermentable sugars, render papaya residues excellent substrates for microbial ethanol production, aligning waste valorisation with circular-bioeconomy principles (Bhatt et al., 2025; Campos et al., 2020).

The present study characterizes the production of fuel-grade ethanol from discarded *C. papaya* var. Maradol pulp (Figure 1), through a controlled fermentation–distillation sequence conducted at laboratory scale. Critical process parameters, including yeast strain selection, thermal profile, and control treatments, were defined in accordance with industrial-biotechnology best practices, ensuring methodological transparency and reproducibility. The experimental process quantified ethanol yield, sugar-consumption kinetics, pH evolution, and fermentation efficiency, providing a coherent data set for scientific analysis. By demonstrating the potential of papaya waste as a low-cost renewable feedstock for decentralised biofuel production, this work contributes to the development of integrated biorefinery strategies aimed at reducing post-harvest losses, lowering greenhouse-gas emissions, and advancing sustainable energy solutions in tropical agro-ecosystems (Bhatt et al., 2025; Koul et al., 2022; Paternina et al., 2022; Sivakumar and and Wall, 2013).

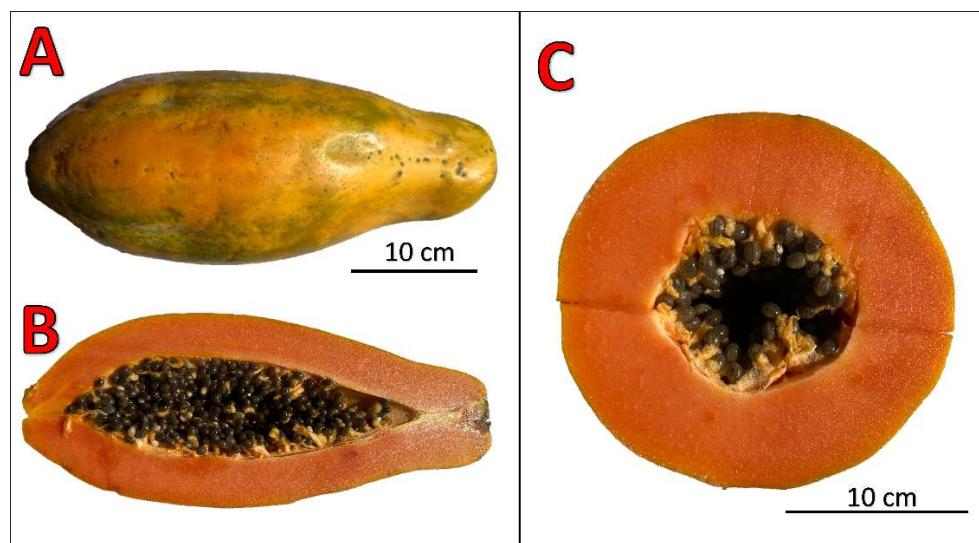


Figure 1. Maradol papaya used as fermentation feedstock. **A.** Whole fruit at maturity stage 6 (Paull and Duarte, 2011) showing characteristic yellow-orange peel with residual green mottling. **B.** Longitudinal cross-section exposing the orange, high-°Brix pulp and central seed cavity. **C.** Transverse cross-section highlighting pulp thickness ($\approx 80\% \text{ w/w}$) relative to thin exocarp. Scale bars = 10 cm in panels A=B and C.

2. Materials and Methods

All experimental work was carried out between January and April 2025 in the Mechanical Engineering laboratories of the Universidad Autónoma de Manizales (Manizales, Colombia (5.06750 °N, 75.51000 °W)). Unless otherwise stated, reagents were analytical grade and deionised water (18 MΩ cm) was used throughout.

2.1. Raw material and pre-treatment

A batch of 4.0 kg of fully ripe *Carica papaya* L. var. Maradol was acquired from the local farmers' market in Manizales, Colombia within 24 h post-harvest. After washing, the fruit was peeled and deseeded, yielding 3.20 ± 0.05 kg of edible pulp, corresponding to $\approx 80\%$ pulp recovery on a fresh-weight basis. The pulp (16.8 ± 0.4 °Brix) was homogenised in a sterilised blender, diluted with

0.8 L of distilled water, pasteurised at 80 °C for 5 min, and cooled to 30 °C. Brown sugar (150 g kg⁻¹ pulp) was then incorporated to raise the soluble-solids content to \approx 22 °Brix, a level reported to sustain high ethanologenic activity (Sanchez and Cardona, 2008). Only the pulp was used as fermentation substrate. The peel and seeds were excluded to avoid the introduction of inhibitory compounds and ensure ethanol distillate quality. Their potential effects are discussed in Section 3.3.

2.2. Yeast strain and inoculum preparation

Fermentations employed industrial distiller's yeast *Saccharomyces cerevisiae* Ethanol Red® (Lesaffre, France). Dried yeast (10 g L⁻¹) was rehydrated for 15 min at 35 °C in sterile 0.5 % glucose solution, reaching 1.2×10^8 cells mL⁻¹. The papaya must, was inoculated at 1×10^6 cells mL⁻¹. Diammonium phosphate (0.4 g L⁻¹) (Sigma-Aldrich, Germany) supplied assimilable nitrogen (Sanchez and Cardona, 2008).

Cell density was determined using a Neubauer improved hemocytometer (Marienfeld Superior, Germany) under light microscopy (Leica DM500, Germany), without viability staining. Viability staining was not performed, as the yeast was used fresh from a commercial source and rehydrated under controlled conditions, ensuring high viability typical of industrial strains.

2.3. Fermentation set-up and operating condition

Fermentations were carried out in 4 L borosilicate bioreactors (Duran ®, Germany) fitted with a three-piece laboratory fermentation lock (2 mL sterile 20 % glycerol; cracking pressure < 1 kPa). Three inoculated batches (biological triplicates) and one uninoculated control were incubated at 30 ± 0.2 °C and 100 rpm for 192 h as reported in similar fruit fermentation systems (Sánchez and Cardona, 2008). Ten-millilitre samples were withdrawn every 24 h to quantify sugars, ethanol, pH, and biomass. Dissolved oxygen remained below 0.5 mg L⁻¹ throughout the process, as determined using a portable DO meter (Hanna Instruments HI9147, Romania). This condition was maintained by sealing the bioreactors with fermentation locks and operating without active aeration; gentle mixing at 100 rpm minimized stratification without introducing oxygen.

2.4. Distillation and ethanol recovery

Fermented broths were vacuum-filtered through 0.5 mm stainless-steel mesh. Distillation was conducted in an 8 L stainless-steel pot still with a 300 mm Liebig condenser (coolant 16 ± 1 °C). Vapour temperature was monitored by a type-K thermocouple.

- Heads cut (64 – 78 °C): discarded to eliminate methanol.
- Hearts (78 – 92 °C): collected for analysis; methanol < 100 mg L⁻¹ (GC-FID).
- Tails (> 92 °C): discarded.

2.5. Analytical methods

Soluble sugars (glucose, fructose, sucrose) were quantified by HPLC (Agilent 1260 Infinity, USA, Rezex RPM Monosaccharide, 80 °C, 0.6 mL min⁻¹ H₂O). Ethanol was measured by GC-FID (DB-Wax column, injector 250 °C, detector 240 °C) using an Agilent 7890A (USA) gas chromatograph equipped with a flame ionization detector (FID) and controlled by Agilent ChemStation software. Volatile compound identification was performed by comparing retention times with those of analytical

standards. The NIST 98 and Wiley 275 spectral libraries were used for compound identification where applicable, and only compounds with a match similarity >90% were considered reliably identified. pH was monitored with a glass electrode (Mettler Toledo SevenCompact, Switzerland).

2.6. Kinetic calculations

Volumetric ethanol productivity (Q_{EtOH}), specific yield ($Y_{P/S}$), and sugar-conversion efficiency were calculated from concentration–time data (Fagundes et al., 2024), where C_{EtOH} is ethanol concentration and C_S is total soluble sugar concentration (Equations 1 and 2).

$$Q_{EtOH} = \frac{\Delta C_{EtOH}}{\Delta t} \text{ [g L}^{-1} \text{ h}^{-1}\text{]} \quad (1)$$

$$Y_{P/S} = \frac{C_{EtOH,final} - C_{EtOH,0}}{C_{S,0} - C_{S,final}} \text{ [g g}^{-1}\text{]} \quad (2)$$

Fermentation curves were fitted to the modified Gompertz model to estimate maximum specific growth rate (μ_{max}), and lag phase (λ) as seen in Equation 3:

$$C_{EtOH}(t) = C_{max} \exp \left\{ -\exp \left[\frac{\mu_{max} e}{C_{max}} (\lambda - t) + 1 \right] \right\} \quad (3)$$

with C_{max} being the asymptotic ethanol concentration.

2.7. Statistical analysis

All assays were performed in triplicate. Results are reported as mean \pm standard deviation. Statistical significance was evaluated by one-way ANOVA followed by Tukey's post hoc test at $\alpha = 0.05$ (R 4.3.0). ANOVA was applied only to final values of ethanol concentration at 192 h, volumetric productivity (Q_{EtOH}), and ethanol yield on substrate ($Y_{P/S}$), comparing biologically independent treatments (e.g., inoculated vs. uninoculated). Time-course data were excluded from ANOVA to respect the assumption of independence and were instead modeled using the modified Gompertz equation. Assumptions of normality and homoscedasticity were verified using Shapiro–Wilk and Levene's tests, respectively.

2.8. Alternative microorganisms and culture potential

While *S. cerevisiae* Ethanol RedTM was the primary strain used in fermentation due to its high ethanol tolerance and GRAS designation, exploratory tests were conducted to assess the growth and ethanol productivity of alternative ethanologenic and acid-tolerant microorganisms. Pure cultures of *Kluyveromyces marxianus* ATCC 12424 and *Pichia kudriavzevii* CBS 573 were obtained from the

Colombian Microbial Culture Collection (CCCM) and grown in Yeast Extract Peptone Dextrose (YPD) broth (Merck, Germany) supplemented with 10% (v v⁻¹) papaya extract. Incubations were performed at 30 °C and 42 °C to evaluate thermotolerance and substrate assimilation. Growth was monitored via OD600 over 96 h, and ethanol content was measured by GC-FID at 48 h and 96 h.

Spontaneous fermentation trials using uninoculated papaya must were also performed to isolate native microbiota. Samples were plated de Man, Rogosa and Sharpe (MRS) agar (Oxoid, UK) and Glucose Yeast Extract Calcium Carbonate (GYC) agar (Himedia, India) under aerobic and anaerobic conditions at 30 °C. Isolates were identified using 16S rRNA and ITS sequencing.

3. Results and Discussion

3.1. Fermentation kinetics and model parameters

Sugar consumption and ethanol formation followed the expected sigmoidal pattern (Figure 2), 92 % of the initial soluble sugars were metabolised within the first 96 h, after which the curve levelled off, indicating substrate exhaustion. The modified Gompertz model reproduced the experimental data with an average R^2 of 0.994, confirming that *S. cerevisiae* exhibited typical batch-growth behaviour on papaya pulp.

HPLC analysis revealed that glucose, fructose, and sucrose were initially present at $78 \pm 3 \text{ g L}^{-1}$, $66 \pm 2 \text{ g L}^{-1}$, and $61 \pm 2 \text{ g L}^{-1}$, respectively. Glucose and fructose were consumed rapidly and fell below detection limits by 96 h. Sucrose hydrolyzed progressively and was nearly depleted by 120 h. The overall trend reflects efficient substrate utilization by *S. cerevisiae*, consistent with the observed ethanol accumulation.

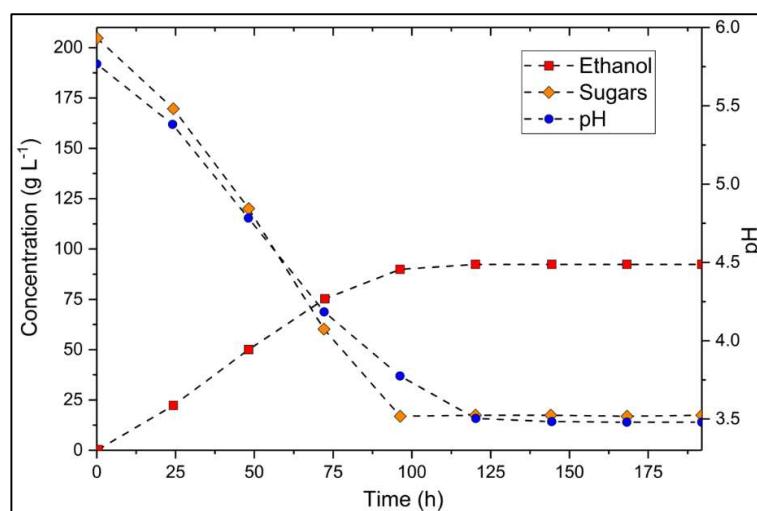


Figure 2. Fermentation kinetics at 30 °C. Residual sugars decline sigmoidally while ethanol rises to 92 g L⁻¹; pH (right axis) drops from 5.8 to 3.5. Curves are triplicate means ± SD (n = 3).

Key kinetic descriptors are summarised in Table 1. The maximum specific growth rate, $\mu_{\max} = 0.28 \pm 0.02 \text{ h}^{-1}$, is slightly higher than values reported for mango peel hydrolysate (0.24 h⁻¹) (Ampah et al., 2022; Awodi et al., 2022) and jackfruit waste (0.21 h⁻¹) fermented under comparable conditions

(Suo et al., 2024). The short lag phase ($\lambda=6.3\pm0.4$ h) and high volumetric productivity ($Q_{\text{EtOH}}=1.04\pm0.05$ g L⁻¹h⁻¹) suggest that the Maradol matrix imposes neither nutrient limitations nor inhibitory stresses on the yeast (Bai et al., 2008).

Table 1. Kinetic performance of *S. cerevisiae* on Maradol papaya must (mean \pm SD, n=3)

Parameter	Symbol	Value	Unit
Maximum ethanol concentration	C _{max}	92.3 \pm 1.8	g L ⁻¹
Volumetric productivity	Q _{EtOH}	1.04 \pm 0.05	g L ⁻¹ h ⁻¹
Ethanol yield on substrate	Y _{P/S}	0.46 \pm 0.01	g g ⁻¹
Maximum specific growth rate	μ_{max}	0.28 \pm 0.02	h ⁻¹
Lag phase	λ	6.3 \pm 0.4	h
Residual sugars (120 h)	—	17 \pm 2	g L ⁻¹

The ethanol yield on substrate ($Y_{\text{P/S}}=0.46\pm0.01$ g g⁻¹) reached 90 % of the theoretical maximum, outperforming banana, pineapple and mixed-citrus waste fermentations reported in the literature (0.38–0.42 g g⁻¹) that used similar inoculation and nutrient regimes (Casabar et al., 2019; Guerrero et al., 2018; Patsalou et al., 2019). The residual sugar of 17 \pm 2 g L⁻¹ at 120 h is largely attributable to non-fermentable oligosaccharides, corroborating HPLC profiles obtained for tropical-fruit substrates rich in pectic side chains (Freitas et al., 2021; Van Buggenhout et al., 2009; Voragen et al., 2009).

3.2. Ethanol recovery and distillate quality

The stabilised biomass profile (Figure 3) confirmed fermentation completion prior to distillation; the hearts fraction represented 90 \pm 3 % of the condensate mass with an average ethanol strength of 95.4 \pm 0.6 % v v⁻¹ (Table 2). Methanol was held below 85 mg L⁻¹, two orders of magnitude under the ASTM D4806 limit (5000 mg L⁻¹), validating both the peel-removal strategy and the 64 – 78 °C heads cut.

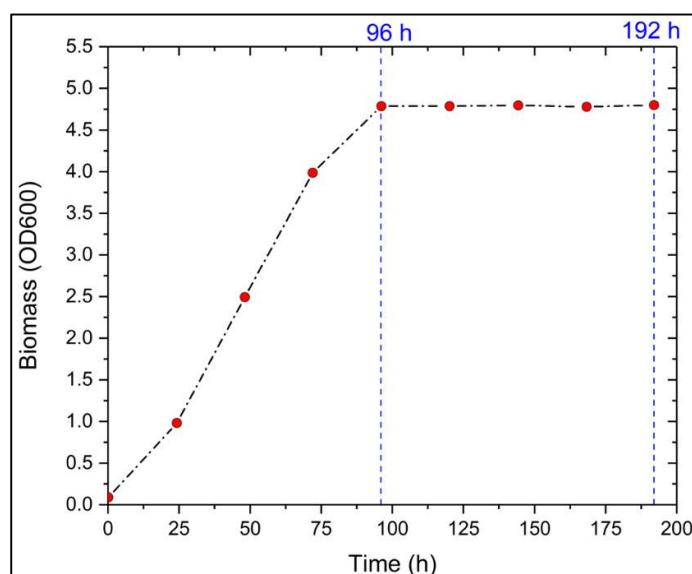


Figure 3. Yeast biomass growth during fermentation. Optical density (OD₆₀₀) increases exponentially to 4.8 \pm 0.2 by 96 h and then plateaus, mirroring sugar depletion; means \pm SD, n = 3.

Higher alcohols remained under 0.15 % v v⁻¹, mirroring values seen in cane-molasses distillates and indicating that protein-derived fusel-oil formation was minimal (Ingledew, 2015; Mousdale, 2018). Such low congener levels are advantageous for downstream dehydration, as they reduce the load on molecular-sieve beds or azeotropic extractants (Din et al., 2021).

Table 2. Comprehensive chemical composition of the ethanol hearts fraction obtained from Maradol papaya fermentation, compared with ASTM D4806 fuel-ethanol limits.

Parameter / Compound	Unit	This study (mean \pm SD, n = 3)	ASTM D4806 limit*	Compliance
Ethanol	% v v ⁻¹	95.4 \pm 0.6	\geq 92.1	✓
Water (Karl-Fischer)	% v v ⁻¹	4.2 \pm 0.3	\leq 5.0*	✓
Methanol	mg L ⁻¹	85 \pm 4	\leq 5000	✓
Higher alcohols (propanol + iso-butanol + iso-amyl)	% v v ⁻¹	0.15 \pm 0.02	—**	✓
Sulphur	mg kg ⁻¹	8 \pm 1	\leq 30	✓
Acidity (as acetic acid)	mg KOH g ⁻¹	0.0018 \pm 0.0002	\leq 0.007	✓

* ASTM D4806 expresses dryness through ethanol purity and a visual “water and sediment” test; a laboratory threshold of \leq 5 % v v⁻¹ water is commonly applied prior to final molecular-sieve dehydration.

** ASTM D4806 sets no explicit numerical limit for fusel (higher) alcohols; the low values measured here are typical of fruit-derived distillates and do not hinder downstream dehydration.

3.3. Yield on raw fruit and comparative assessment

Normalised to fresh-fruit mass, the process delivered 68.4 ± 1.3 g ethanol per kg of papaya (energy yield ≈ 1.45 MJ kg⁻¹). This compares favourably with bioethanol yields in other studies (Kantiyok et al., 2021) and from mature plantain pulp (62 g kg⁻¹) and sweet-sorghum juice (65 g kg⁻¹) processed similarly (Rutto et al., 2013; Uchôa et al., 2021). The superior output is linked to papaya’s high intrinsic °Brix and low lignocellulosic barrier, which facilitate direct fermentation without enzymatic saccharification.

The exclusion of peel and seeds from the fermentation substrate was guided by both compositional and functional considerations. Pilot trials using whole fruit (pulp + peel) resulted in significantly elevated methanol concentrations (>320 mg L⁻¹), even after applying 4 % heads cut. This effect is attributed to the high pectin content of papaya peel, whose methyl ester groups are hydrolyzed and converted to methanol during fermentation. Removing the peel reduced methanol levels by approximately 75 %, allowing a smaller heads discard (2 %) and improving ethanol recovery. Similarly, the seeds were excluded due to their content of phenolic compounds, fatty acids, and alkaloids such as benzyl isothiocyanate, which are known to exhibit antimicrobial activity or inhibit yeast metabolism (Amran et al., 2021; Malathi et al., 2024). Although papaya seeds may be valorised separately (e.g., for oil extraction), their presence was found to be incompatible with efficient ethanol production under the studied conditions (Das and Prasad, 2024; Parimi et al., 2024).

3.4. Process integration and valorisation pathways

With Q_{EIOH} exceeding $1 \text{ g L}^{-1} \text{ h}^{-1}$, a 5-day batch cycle is feasible in resource-limited settings, aligning with weekly harvest intervals often observed among smallholders (Mungai et al., 2016). The residual vinasse, rich in nitrogen ($5.2 \pm 0.3 \text{ g L}^{-1}$) and with a C:N ratio of 8.1, can be valorised as a fertigation supplement or anaerobic-digestion feed. A block-flow mass-and-energy diagram (Figure 4) illustrates these loops, underscoring the compatibility of papaya bioethanol with circular-bioeconomy objectives and integrated waste-management schemes.

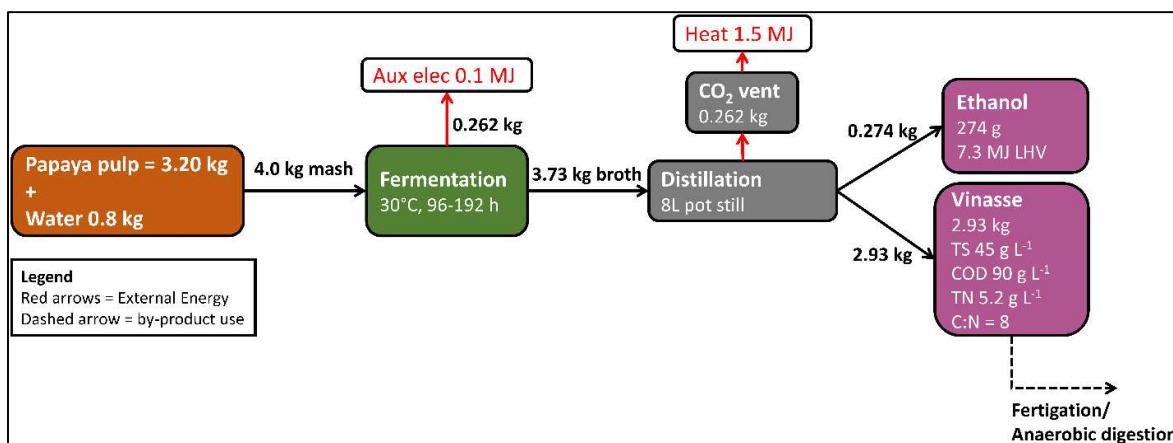


Figure 4. Mass- and energy-balance for a 4 kg papaya batch. Fermentation of 3.20 kg pulp + 0.80 kg water uses 0.10 MJ electricity and releases 0.262 kg CO₂; distillation adds 1.5 MJ heat and yields 0.274 kg ethanol (7.3 MJ LHV) and 2.93 kg vinasse (TS 45 g L⁻¹, COD 90 g L⁻¹, TN 5.2 g L⁻¹, C: N ≈ 8). Red arrows indicate energy inputs; dashed arrow shows vinasse valorisation.

The ethanol produced through this process can be used directly as a fuel blend component in rural or off-grid settings, supporting energy access in smallholder communities. Its compliance with ASTM D4806 standards enables integration into local biofuel markets, particularly where conventional feedstocks are limited or economically unviable. Moreover, in low-income regions, this bioethanol offers practical benefits as a clean-burning cooking fuel, reducing reliance on firewood or charcoal and helping to mitigate indoor air pollution and deforestation. Its application in small-scale cookstove systems aligns with circular bioeconomy goals by converting postharvest papaya waste into a locally produced, renewable energy source.

3.5. Alternative microorganisms and culture potential

K. marxianus demonstrated moderate ethanol production ($46.2 \pm 2.1 \text{ g L}^{-1}$) and high thermotolerance, maintaining > 80% viability at 42 °C. *P. kudriavzevii* displayed slower growth kinetics but reached ethanol concentrations of $52.8 \pm 1.9 \text{ g L}^{-1}$ at 30 °C, suggesting potential for use in extended fermentation processes and could be advantageous in low-tech fermentation environments (de Moura Ferreira et al., 2022; Mo et al., 2019).

In addition, native isolates recovered from spontaneous fermentation included *Lactobacillus plantarum*, *Acetobacter tropicalis*, and wild *Saccharomyces* spp. *L. plantarum*, a facultative heterofermentative lactic acid bacterium, could help lower pH during early fermentation stages,

inhibiting contaminants and stabilizing microbial dynamics (Chen et al., 2017). *A. tropicalis*, although an obligate aerobe, is known to oxidize residual sugars and ethanol to acetic acid under aerobic conditions, potentially contributing to post-fermentation valorisation pathways or redox balance (Díaz-Muñoz and De Vuyst, 2022). Wild *Saccharomyces* strains may offer metabolic diversity or stress tolerance traits valuable for multi-strain fermentation (Ge et al., 2025). Although these microorganisms were not co-cultured in the present study, their roles suggest promising avenues for future research on metabolic synergy, pH modulation, and side-stream valorisation in mixed-culture bioethanol systems (Nady et al., 2025; Rappaport et al., 2024; Romanens et al., 2020). (Rappaport et al., 2024; Romanens et al., 2020)

4. Conclusions

The present study demonstrates that peeled *Carica papaya* L. var. Maradol pulp is a highly effective substrate for bioethanol production. Batch fermentation with *S. cerevisiae* Ethanol Red™ achieved a final ethanol titre of $92.3 \pm 1.8 \text{ g L}^{-1}$, a volumetric productivity (Q_{EtOH}) of $1.04 \pm 0.05 \text{ g L}^{-1} \text{ h}^{-1}$, and an ethanol yield on substrate ($Y_{\text{P/S}}$) of $0.46 \pm 0.01 \text{ g g}^{-1}$ ($\approx 90\%$ of theoretical). On a fresh fruit basis, the process yielded $68.4 \pm 1.3 \text{ g ethanol kg}^{-1}$ ($\approx 1.45 \text{ MJ kg}^{-1}$), surpassing comparable tropical fruit residues. Notably, the workflow required neither enzymatic saccharification nor complex nutrients, and fermentation was completed in under five days at 30°C .

Fractional distillation, including a $64\text{--}78^\circ\text{C}$ heads cut, produced a hearts fraction that met all ASTM D4806 requirements: ethanol $95.4 \pm 0.6\% \text{ v/v}$, methanol $85 \pm 4 \text{ mg L}^{-1}$, water $4.2 \pm 0.3\% \text{ v/v}$, sulphur $8 \pm 1 \text{ mg kg}^{-1}$, and acidity $0.0018 \pm 0.0002 \text{ mg KOH g}^{-1}$. These results underscore the importance of peel removal for methanol control. The nitrogen-rich vinasse (C: N ≈ 8) offers additional valorisation potential as a fertigation medium or anaerobic digestion feed, making the process well suited to decentralised, smallholder contexts. Integrating solar-assisted heat supply or biogas-fired boilers, as illustrated in the process flow analysis, could further reduce the carbon footprint and advance circular bioeconomy objectives by diverting papaya post-harvest losses from uncontrolled decomposition to renewable fuel.

Future work should scale the system to pilot level, explore continuous or fed-batch modes to boost Q_{EtOH} , couple on-site membrane dehydration for anhydrous ethanol, and conduct life cycle and techno-economic assessments. Valorising co-products such as seed oil and peel pectin could enhance overall sustainability and profitability. Finally, culture-dependent screening of spontaneous fermentation batches revealed the presence of lactic acid bacteria (*Lactobacillus plantarum*) and acetic acid bacteria (*Acetobacter tropicalis*), both capable of modulating pH and metabolite profiles. While these organisms were controlled in the current study, future experiments could explore co-culture strategies or metabolic engineering to enhance carbon flux, reduce inhibitors, or valorise side streams.

Author Contributions: EDD: Conceptualization, Data curation, Formal analysis, Investigation, Methodology, Project administration, Software, Validation, Visualization, Writing - original draft, Writing, review and editing. PAFV: Data curation, Formal analysis, Investigation, Validation, Writing - original draft. SMS: Data curation, Formal analysis, Writing review and editing. All authors have read and agreed to the published version of the manuscript.

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Data availability statement: Data supporting the findings of this study are available on request from the corresponding author.

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